

Day 1 – 29 May 2026			
8:00-8:30	Registration + welcome coffee ☕		
8:30-8:50	Opening day 1		
8:50-9:35 Room: I.2.01	Keynote 1: Michel Mertens <i>When the shoulder tells a bigger story: Rethinking musculoskeletal pain from a systemic perspective.</i>		
9:45-10:35 Room: I.2.01	Oral Session 1A – Clinical pain & sensory assessment		
	1A.1	Joren Vyverman	Individual differences in stress-pain responses: the dynamics of a complex interaction
	1A.2	Rebecca Bianca Ramalho	Reliability of three movement-evoked pain methods in individuals with knee osteoarthritis.
	1A.3	Danny Koumans	Protocol for a Multifaced Approach of Assessing Upper Extremity Proprioception in Breast Cancer Patients with Chemotherapy-Induced Peripheral Neuropathy.
	1A.4	Pieter Jan Gräper	Sensory profiles may not be associated with somatosensory thresholds in low back pain: a prospective cohort study.
9:45-10:35 Room: I.2.03	Oral Session 1B – Sensory processing & perception		
	1B.1	Elise Cnockaert	Sensory profiling in primary headache disorders: examining interictal, diagnostic and headache frequency related alterations.
	1B.2	Tom Frankenstein	Is spatial summation of pain shaped by the perceived pain extent?
	1B.3	Giulia Stanco	Pain and bodily self-awareness: A Bayesian exploration of their bidirectional interplay.
	1B.4	Julie Dendauw	Knowing what we are talking about: defining and measuring psychological concepts in the field of chronic pain.
10:35-11:05	Coffee break ☕		
11:05-12:10 Room: I.1 Atrium	Posterwalk 1 Exercise and rehabilitation interventions in chronic pain		
	P1.1	Iris Meuwissen	Contributors to Adherence to Exercise Therapy in Non-Specific Chronic Low Back Pain: a Systematic Review of Qualitative and Quantitative Research.

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	<p>P1.2 Berki-Stir Alexandru P1.3 Mark van Loo P1.4 Nina Heijens P1.5 Dries Ceulemans P1.6 Roland Reezigt P1.7 Syed Muhammad Shabbir Ali Naqvi P1.8 Sophie Van Dijck P1.9 Sophie Van Dijck</p>	<p>Exercise and Pain Relief in Chronic Low Back Pain: An Umbrella Review of Systematic Reviews. Local and remote exercise induced hypoalgesia in knee osteoarthritis patients: a randomized cross-over study. Implementing and evaluating a training program for healthcare providers in conservative knee and hip osteoarthritis management: a type 1 hybrid effectiveness-implementation study. Defining the content of interdisciplinary rehabilitation for people with chronic low back pain: an international Delphi study. Do manual therapeutic techniques influence central pain processing mechanisms in people with neck pain? An observational study. Effectiveness of Kinesio-Taping in patients with plantar fasciitis for pain reduction and function improvement: A Systematic Review & Meta-analysis. The Physio Perspective study: Exploring physiotherapist's knowledge, attitudes, beliefs and clinical decision making regarding physical activity in chronic pain management: a preliminary analysis. Discrepancies in Physical Activity Assessment Among Breast Cancer Survivors with Pain: IPAQ vs Accelerometer.</p>
11:05-12:10 Room: I.1 Atrium	<p>Posterwalk 2</p> <p>Clinical assessment, diagnosis and phenotyping</p>	
	<p>P2.1 Javier Matias-Soto P2.2 Nino Janki P2.3 Robert van der Noord P2.4 Una McConville P2.5 Christian Ernest P2.6 Tom Frankenstein P2.7 Anupama Prabhu B</p>	<p>Clinical Phenotypes in Frozen Shoulder Based on Psychological and Sensory Phenotypes: Associations with Pain Over Time. Pain Prevalence, Phenotypes & Management of Patients Undergoing Neurological Rehabilitation: A Cross-Sectional Observational Study. Biopsychosocial clinical reasoning models for physiotherapy in patients with musculoskeletal pain - a systematic review. Intra-rater Reliability of Quantitative Sensory Testing in Individuals with Knee Osteoarthritis. Validation of digital measurement methods intended to measure physical capacity in people with lumbar spinal stenosis planned for surgery. Survey study on pain distribution as a factor shaping health-care seeking behaviour. Tactile Acuity, Left-Right Judgement, and Temporal Summation in Acute versus Chronic Rotator Cuff-Related Shoulder Pain.</p>



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	P2.8	Anupama Prabhu B	Development of a clinical prediction model for chronic post-surgical shoulder pain following arthroscopic rotator cuff repair: a prospective cohort study.
	P2.9	Elise Cnockaert	Treatment approaches and their effectiveness for chronic pain according to the predominant pain mechanism: a study protocol.
11:05-12:10 <i>Room: I.2 Atrium</i>	Posterwalk 3		
	Pain behaviour, lifestyle and patient-reported outcomes		
	P3.1	Manon De deyne	Sleep-MOMagement: Behavioural Interventions to Improve Postpartum Sleep – A Randomized Controlled Trial Protocol.
	P3.2	Matthijs Kok	What Do Patients Find Online? A Biopsychosocial and Nocebo Content Analysis of Google and ChatGPT results on Dutch Physiotherapy Websites.
	P3.3	Carolina Matiello Souza	Self-Efficacy, Disability, and Activity Avoidance in Chronic Shoulder Pain: Insights from a Cross-Sectional Study.
	P3.4	Amber Hulleman	How lifestyle factors are associated with pain intensity and pain-related disability in people with non-specific musculoskeletal pain.
	P3.5	Leonardo Sette Vieira	Post-Exercise Recovery Strategies on Pain and Fatigue: Preliminary Findings from a Systematic Review and Meta-Analysis with GRADE Recommendations.
	P3.6	Peter Yee-Lap To	Daily Associations of Sleep and Rest-activity Patterns with Pain Intensity in Adults with Chronic Pain
	P3.7	Sofie Van Wesemael	Symptom perception in individuals with chronic non-specific low back pain.
	P3.8	Joni Michiels	The impact of lifestyle and psychological factors on symptom modulation, autonomic function and pain sensitivity in patients with chronic pain.
11:05-12:10 <i>Room: I.2 Atrium</i>	Posterwalk 4		
	Psychology of pain: cognition, emotion and learning		
	P4.1	Ishtiaq Ahmed	Quality of life, pain, and psychological factors in adolescents and young adults living beyond cancer: a systematic review and meta-analysis.
	P4.2	Javier Matias Soto	Psychological and Sensory Phenotypes in Frozen Shoulder: Associations with Pain Intensity Over Time.
	P4.3	Eline Peuskens	Does task- and context-specific fear of movement play a role in the development and persistence of pregnancy-related lumbopelvic pain?: Study protocol.

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	<p>P4.4 Luka Mattelin The positive and negative “affect” of sleep on chronic pain: a systematic review of how positive and negative affect impact the day-to-day sleep-pain relationship.</p> <p>P4.5 Julie Dendauw Defining key concepts within the field of pain psychology.</p> <p>P4.6 Verena Jongeleen A biopsychosocial content analysis of Dutch rehabilitation and anaesthesiology websites for patients with non-specific neck, back, and chronic pain .</p> <p>P4.7 Olivia McNeill Social Safety Learning in the Context of Pain.</p> <p>P4.8 Nadya Golovchanova Persistent pain and work ability from a life-span perspective: a qualitative exploration of vulnerability and resilience.</p> <p>P4.9 Jakub Nastaj Psychophysical study of spatial modulation of pain.</p>
12:10-13:10	Lunch 
13:10-13:55 Room: I.2.01	Keynote 2: Carol Clark <i>Women's health in the context of pain.</i>
14:05-14:55 Room: I.2.01	Oral Session 2A – Brain structure & connectivity
	<p>2A.1 Robrecht De Baere Connecting the dots: unifying structural and functional neural networks in chronic pain using graph theory.</p> <p>2A.2 Jakob Poehlmann Temporal Contrast Enhancement Emerges from Distinct Pain and Sound Filtering Mechanisms.</p> <p>2A.3 Elin Johansson Is chronic pain keeping you awake? A case-control study exploring the neurobiological mechanisms underlying the relationship between chronic low back pain and insomnia.</p> <p>2A.4 Lionel Butry Functional and structural brain topology in low back pain.</p>
14:05-14:55 Room: I.2.03	Oral Session 2B – Behavioural & lifestyle interventions
	<p>2B.1 Fran Van de Poel The effect of a multimodal lifestyle intervention in cancer survivors: a systematic review and meta-analysis.</p> <p>2B.2 Aline Van Stallen Circadian Factors and Pain: A Systematic Review of the Association between rest activity rhythm and pain-related outcomes.</p> <p>2B.3 Zoë Maebe The Interplay Between Sleep, Pain, and Weight in Overweight and Obese Adults: A Systematic Review.</p> <p>2B.4 Astrid Torrekens The effect of personalized exercise interventions for the prevention of chemotherapy-induced peripheral neuropathy: protocol for a randomized controlled trial (CIPN-EX Trial).</p>
14:55-15:25	Coffee break 

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15:25-15:55 <i>1.2.01 / 1.2.03</i>	Meet the expert: Michel Mertens & Carol Clark		
16:05-16:55 <i>Room: 1.2.01</i>	Oral Session 3A – Epigenetics & gene regulation		
	3A.1	Jinane Ben Amar	Does altered DNA methylation of IGF1/GH axis genes underlie impaired glucose metabolism in chronic low back pain?
	3A.2	Arne Wyns	Unravelling Fundamental Epigenetic Mechanisms in the Development of Persistent Pain After Breast Cancer.
	3A.3	Huanyu Xiong	Unravelling the epigenetic mechanisms of exercise-induced pain in fibromyalgia: Epigenetic regulation of BDNF expression and its modulation by tDCS.
	3A.4	Jolien Hendrix	Joining forces of symptoms and the epigenome: a comprehensive characterization of ME/CFS and fibromyalgia.
16:05-16:55 <i>Room: 1.2.03</i>	Oral Session 3B – Etiology & systemic contributors		
	3B.1	Joni Michiels	The relationship between glucose metabolism, pain sensitivity and quality of life in patients with chronic low back pain.
	3B.2	Matteo Vanroose	An important step forward, understanding how lifestyle factors mediated by low-grade inflammation, contribute to chronic low back pain rehabilitation.
	3B.3	Jente Van Campenhout	Mitochondrial dysfunction in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS): preliminary results on mitochondrial flux analyses.
	3B.4	Timo Meus	Linking Mechanistic Pain Profiling to Cardiac Autonomic Regulation in Individuals with Chronic Non-Specific Low Back Pain: A Cross-Sectional Analysis.
17:00-22:00	Social activity		

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Day 2 – 30 May 2026		
8:00-8:45	Welcome coffee ☕	
8:45-8:50	Opening day 2	
8:50-9:35 Room: I.2.01	Keynote 3: Lorimer Moseley <i>Extending modern pain science education to other chronic overprotection disorders.</i>	
9:45-10:35 Room: I.2.01	Oral Session 4A – Immune, autonomic & endocrine pathways	
	4A.1 Arne Wyns	Hypermethylation of OPRM1: Deregulation of the Endogenous Opioid Pathway in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome and Fibromyalgia.
	4A.2 Yanthe Buntinx	Decoding T cell dysfunction in chronic widespread pain: are exhaustion and senescence the answer?
	4A.3 Jolien Hendrix	Epigenetic regulation of autonomic dysfunction as a mechanisms underlying stress intolerance in fibromyalgia.
	4A.4 Jinane Ben Amar	Inflammatory mediators and the stress hormone cortisol as predictors of pain sensitivity in Myalgic Encephalomyelitis/Chronic fatigue syndrome and fibromyalgia.
9:45-10:35 Room: I.2.03	Oral Session 4B – Pain behaviour, activity & participation	
	4B.1 Beate Schüßler	The Effect of Experimentally Induced Acute Pain on Lumbar Movement Control: a single blinded three-arm cross-over randomized control trial.
	4B.2 Julie van Eetvelde	Self-reported work ability and the association with psychosocial factors: a cross-sectional study.
	4B.3 Stefanie Beinert	Addressing Gender and Diversity Inequalities in Chronic Pain: A Cross-Border, Participatory and Multi-Method Approach.
	4B.4 Annet Doomen	Reliability of Accelerometer-Derived Parameters Describing Activity–Rest Patterns in Individuals With and Without Chronic Pain.
10:35-11:05	Coffee break ☕	
11:05-12:10 Room: I.1 Atrium	Posterwalk 5 Fundamental mechanisms and experimental pain science	

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	P5.1	Gloria Everaert	Bridging Muscle Biology and Function in Chronic Nonspecific Low Back Pain: Feasibility of a Multimodal Biopsy-Based Approach.
	P5.2	Roland Reezigt	Exploring personal variables to better understand the variability in dynamic experimental pain measurements.
	P5.3	Egbert Jeffrey Buning	Exploring personal variables to better understand the variability in pain sensitivity measurements.
	P5.4	Ron Bottema	Excellent reproducibility of heat pain thresholds for methods of limits, methods of levels and adaptive staircase, irrespective of stimulus slope or duration – a cross sectional study in pain-free participants.
	P5.5	Casper Vananderoye	Experimental Sleep Disruption and Its Effects on Pain, Mood, and the Brain: A Systematic Review.
	P5.6	Joren Vyverman	Pain and the brain: examining the link between conditioned pain modulation and structural gray matter properties.
	P5.7	Daria Nowak	Spatial summation of pain: A paradoxical trigger of inhibitory mechanisms.
	P5.8	Michał Katra	Unilateral and bilateral spatial summation of pain across graded innocuous and noxious temperatures.
	P5.9	Cara Meijer	When touch is painful: a novel tactile fear conditioning paradigm imaging the neural correlates of pain-related fear in patients with chronic pain.
11:05-12:10 Room: I.1 Atrium	Posterwalk 6		
	Education, implementation and health services in pain care		
	P6.1	Anke Beerstra	Information about low back and neck pain on Dutch physiotherapist's websites - a 5 year follow up study.
	P6.2	Iris Meuwissen	Effects of Pain Science Education on self-efficacy and fear avoidance in people with nonspecific Chronic Low Back Pain.
	P6.3	Carolina Matiello Souza	Activation for Health Self-Management in Chronic Shoulder Pain Patients.
	P6.4	Ana Catarina Navarro Ramalho	Screening and referral practices for anxiety and depression among patients with chronic musculoskeletal pain within private physiotherapy practices: a qualitative study.
	P6.5	Erwin Hendriks	Mediating factors on the effect of a multidisciplinary rehabilitation program for individuals with chronic whiplash-associated disorders.
	P6.6	Bettina Eiger	Keeping It Simple Study – effectiveness of PNE4Adults pain science education in the municipality: A multicenter randomized controlled clinical trial.
	P6.7	Lore Smeets	Toward a Perceived Injustice–Targeted Pain Science Education 2.0: Breast Cancer Survivors’ Experienced Barriers, Facilitators, and Needs after the Intervention.



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	P6.8	Irene Rodriguez Andonaegui	Integrating Persistent Pain Management Training into the Physiotherapy Degree.
	P6.9	Tove Axelsson-Landberg	ReActivate: Physiotherapeutic intervention for adolescents and young adults with persistent musculoskeletal pain. A single-case experimental design.
11:05-12:10 Room: I.2 Atrium	Posterwalk 7		
	Pain management, biomarkers and etiology		
	P7.1	Peter Yee-Lap To	Latent physical activity profiles of people with chronic pain: Associations with pain severity, sleep and accelerometer-measured rest-activity rhythm.
	P7.2	Elke Wuyts	Pain medication use disorder (PMUD), towards a new framework in pain management: a review.
	P7.3	Marcela Camargo Tozzo	Autonomic predictors of pain and disability in chronic shoulder pain: longitudinal follow-up at three and six months
	P7.4	Emma Geerits	The role of maternal weight, body composition, systemic inflammation, and mental health in pregnancy-related lumbopelvic pain: a study protocol.
	P7.5	Jade Mosselmans	Blood-Based Biomarkers in Chemotherapy-Induced Peripheral Neuropathy (CIPN): A Systematic Review.
	P7.6	Katja Junge	Effect of a one-time manual therapy intervention on electrocutaneous pain perception in healthy individuals across local and remote areas
	P7.7	Min Yang	Association of Chronic Pain and Its Widespreadness with Mortality and Life Expectancy among Long-Term Survivors of Adolescent and Young Adult Cancer: An Observational Study.
11:05-12:10 Room: I.2 Atrium	Posterwalk 8		
	Multidisciplinary, digital and advanced rehabilitation approaches		
	P8.1	Ander Cervantes-Benítez	Immersive virtual reality and pain control: An experimental study protocol with healthy participants to describe the mechanisms of brain activity
	P8.2	Ander Cervantes-Benítez	Electroencephalography biomarkers during physiotherapy for chronic non-specific neck pain: A longitudinal study protocol
	P8.3	Kirsty Musch	Effects of multidisciplinary rehabilitation in primary care for chronic musculoskeletal pain: a cohort study.
	P8.4	Kenza Mostaqim	Ready, Set, Prehab! Feasibility of a Multimodal Patient-Centered Teleprehabilitation Program for Breast Cancer Patients.
	P8.5	Dries Ceulemans	Rehabilitation Professionals' Experiences with Rehabilitation for people with Persistent Spinal Pain Syndrome Type 2 following Spinal Cord Stimulation.

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	P8.6	Eva Poolman	Effectiveness of in-person physiotherapy blended with digital health consisting of pain education and behavioural activation for people with spinal pain.
12:10-13:10	Lunch 		
13:10-13:55 Room: 1.2.01	Keynote 4 : Colette Ridehalgh <i>Advances in nerve-related Musculoskeletal pain: a Physiotherapist's slant.</i>		
14:05-14:55 Room: 1.2.01	Oral Session 5A – Self-management, eHealth & implementation		
	5A.1	Marthe Van Overbeke	Process evaluation of an eHealth and a face-to-face self-management support program for persistent pain after breast cancer treatment.
	5A.2	Han van Dijk	Enactment of biopsychosocial care for patients with chronic pain in private practice physiotherapy following specialized training for physiotherapists.
	5A.3	Marthe Van Overbeke	Effectiveness of an ehealth self-management support program for persistent pain after breast cancer treatment: protocol of the pecan-study.
	5A.4	Zoë Maebe	Improving Access to Sleep Care in Chronic Spinal Pain: A Randomized Controlled Trial of Stepped Care Cognitive Behavioral Therapy for Insomnia.
14:05-14:55 Room: 1.2.03	Oral Session 5B – Psychological & cognitive pain processing		
	5B.1	Esther van Benten	Exploring evolving health- and illnessbeliefs on pelvic girdle pain in first-time mothers: a longitudinal interpretative phenomenological approach.
	5B.2	Kenza Mostaqim	An exploration of the relationship between perceived injustice and pain severity in breast cancer survivors: a structural equation model.
	5B.3	Myrthe Gregoor	Preconception, prenatal, and postpartum psychological risk factors for pregnancy-related lumbopelvic pain: a systematic review.
	5B.4	Robrecht De Baere	Let's Talk Gender: Preliminary Focus Group Data Evaluating a Questionnaire on Gender and Pain Dynamics.
14:55-15:25	Coffee break 		
15:25-15:55 1.2.01 / 1.2.03	Meet the expert: Lorimer Moseley & Colette Ridehalgh		
16:05-16:40	Closing + award ceremony		

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