

Day 1 – 29 May 2026		
8:00-8:30	Registration + welcome coffee ☕	
8:30-8:50	Opening day 1	
8:50-9:35 Room: I.2.01	Keynote 1: Michel Mertens <i>When the shoulder tells a bigger story: Rethinking musculoskeletal pain from a systemic perspective.</i>	
9:45-10:35 Room: I.2.01	Oral Session 1A – Clinical pain and sensory assessment	
	1A.1	Joren Vyverman Individual differences in stress-pain responses: the dynamics of a complex interaction.
	1A.2	Rebecca Bianca Ramalho Reliability of three movement-evoked pain methods in individuals with knee osteoarthritis.
	1A.3	Danny Koumans Protocol for a Multifaced Approach of Assessing Upper Extremity Proprioception in Breast Cancer Patients with Chemotherapy-Induced Peripheral Neuropathy.
	1A.4	Pieter Jan Gräper Sensory profiles may not be associated with somatosensory thresholds in low back pain: a prospective cohort study.
9:45-10:35 Room: I.2.03	Oral Session 1B – Sensory processing and perception	
	1B.1	Elise Cnockaert Sensory profiling in primary headache disorders: examining interictal, diagnostic and headache frequency related alterations.
	1B.2	Tom Frankenstein Is spatial summation of pain shaped by the perceived pain extent?
	1B.3	Giulia Stanco Pain and bodily self-awareness: A Bayesian exploration of their bidirectional interplay.
	1B.4	Julie Dendauw Knowing what we are talking about: defining and measuring psychological concepts in the field of chronic pain.
10:35-11:05	Coffee break ☕	
11:05-12:10 Room: I.1 Atrium	Poster Walk 1 Exercise and rehabilitation interventions in chronic pain	
	P1.1	Iris Meuwissen Contributors to Adherence to Exercise Therapy in Non-Specific Chronic Low Back Pain: a Systematic Review of Qualitative and Quantitative Research.

Oral sessions: 12 minutes per oral presentation (7 min presentation + 5 min questions)

Posterwalks: 7 minutes per poster presentations (3 min presentation + 3 min questions + 1 min transition to next poster)

	<p>P1.2 Alexandru Berki-Stir Exercise and Pain Relief in Chronic Low Back Pain: An Umbrella Review of Systematic Reviews.</p> <p>P1.3 Mark van Loo Local and remote exercise induced hypoalgesia in knee osteoarthritis patients: a randomized cross-over study.</p> <p>P1.4 Nina Heijens Implementing and evaluating a training program for healthcare providers in conservative knee and hip osteoarthritis management: a type 1 hybrid effectiveness-implementation study.</p> <p>P1.5 Dries Ceulemans Defining the content of interdisciplinary rehabilitation for people with chronic low back pain: an international Delphi study.</p> <p>P1.6 Roland Reezigt Do manual therapeutic techniques influence central pain processing mechanisms in people with neck pain? An observational study.</p> <p>P1.7 Syed Muhammad Shabbir Ali Naqvi Effectiveness of Kinesio-Taping in patients with plantar fasciitis for pain reduction and function improvement: A Systematic Review & Meta-analysis.</p> <p>P1.8 Sophie Van Dijck The Physio Perspective study: Exploring physiotherapists' knowledge, attitudes, beliefs and clinical decision making regarding physical activity in chronic pain management: a preliminary analysis.</p> <p>P1.9 Sophie Van Dijck Discrepancies in Physical Activity Assessment Among Breast Cancer Survivors with Pain: IPAQ vs Accelerometer.</p>
11:05-12:10 Room: I.1 Atrium	<p style="text-align: center;">Poster Walk 2 Clinical assessment, diagnosis and phenotyping</p> <p>P2.1 Javier Matias-Soto Clinical Phenotypes in Frozen Shoulder Based on Psychological and Sensory Phenotypes: Associations with Pain Over Time.</p> <p>P2.2 Nino Janki Pain Prevalence, Phenotypes & Management of Patients Undergoing Neurological Rehabilitation: A Cross-Sectional Observational Study.</p> <p>P2.3 Robert van der Noord Biopsychosocial clinical reasoning models for physiotherapy in patients with musculoskeletal pain - a systematic review.</p> <p>P2.4 Una McConville Intra-rater Reliability of Quantitative Sensory Testing in Individuals with Knee Osteoarthritis.</p> <p>P2.5 Christian Ernest Validation of digital measurement methods intended to measure physical capacity in people with lumbar spinal stenosis planned for surgery.</p> <p>P2.6 Tom Frankenstein Survey study on pain distribution as a factor shaping health-care seeking behaviour.</p> <p>P2.7 Anupama Prabhu B Tactile Acuity, Left–Right Judgement, and Temporal Summation in Acute versus Chronic Rotator Cuff-Related Shoulder Pain.</p> <p>P2.8 Anupama Prabhu B Development of a clinical prediction model for chronic post-surgical shoulder pain following arthroscopic rotator cuff repair: a prospective cohort study.</p>



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	P2.9	Elise Cnockaert	Treatment approaches and their effectiveness for chronic pain according to the predominant pain mechanism: a study protocol.
11:05-12:10 Room: I.2 Atrium	Poster Walk 3 Pain behavior, lifestyle and patient-reported outcomes		
	P3.1	Manon De deyne	Sleep-MOMagement: Behavioural Interventions to Improve Postpartum Sleep – A Randomized Controlled Trial Protocol.
	P3.2	Matthijs Kok	What Do Patients Find Online? A Biopsychosocial and Nocebo Content Analysis of Google and ChatGPT results on Dutch Physiotherapy Websites.
	P3.3	Carolina Matiello Souza	Self-Efficacy, Disability, and Activity Avoidance in Chronic Shoulder Pain: Insights from a Cross-Sectional Study.
	P3.4	Amber Hulleman	How lifestyle factors are associated with pain intensity and pain-related disability in people with non-specific musculoskeletal pain.
	P3.5	Leonardo Sette Vieira	Post-Exercise Recovery Strategies on Pain and Fatigue: Preliminary Findings from a Systematic Review and Meta-Analysis with GRADE Recommendations.
	P3.6	Peter Yee-Lap To	Daily Associations of Sleep and Rest-activity Patterns with Pain Intensity in Adults with Chronic Pain
	P3.7	Sofie Van Wesemael	Symptom perception in individuals with chronic non-specific low back pain.
	P3.8	Joni Michiels	The impact of lifestyle and psychological factors on symptom modulation, autonomic function and pain sensitivity in patients with chronic pain.
11:05-12:10 Room: I.2 Atrium	Poster Walk 4 Psychology of pain: cognition, emotion and learning		
	P4.1	Ishtiaq Ahmed	Quality of life, pain, and psychological factors in adolescents and young adults living beyond cancer: a systematic review and meta-analysis.
	P4.2	Javier Matias Soto	Psychological and Sensory Phenotypes in Frozen Shoulder: Associations with Pain Intensity Over Time.
	P4.3	Eline Peuskens	Does task- and context-specific fear of movement play a role in the development and persistence of pregnancy-related lumbopelvic pain?: Study protocol.
	P4.4	Luka Mattelin	The positive and negative “affect” of sleep on chronic pain: a systematic review of how positive and negative affect impact the day-to-day sleep-pain relationship.
	P4.5	Julie Dendauw	Defining key concepts within the field of pain psychology.

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	<p>P4.6 Verena Jongeleen A biopsychosocial content analysis of Dutch rehabilitation and anaesthesiology websites for patients with non-specific neck, back, and chronic pain.</p> <p>P4.7 Olivia McNeill Social Safety Learning in the Context of Pain.</p> <p>P4.8 Nadya Golovchanova Persistent pain and work ability from a life-span perspective: a qualitative exploration of vulnerability and resilience.</p>
12:10-13:10	Lunch 
13:10-13:55 Room: 1.2.01	Keynote 2: Carol Clark <i>Women's health in the context of pain.</i>
14:05-14:55 Room: 1.2.01	Oral Session 2A – Brain structure and connectivity
	<p>2A.1 Robrecht De Baere Connecting the dots: unifying structural and functional neural networks in chronic pain using graph theory.</p> <p>2A.2 Jakob Poehlmann Temporal Contrast Enhancement Emerges from Distinct Pain and Sound Filtering Mechanisms.</p> <p>2A.3 Elin Johansson Is chronic pain keeping you awake? A case-control study exploring the neurobiological mechanisms underlying the relationship between chronic low back pain and insomnia.</p> <p>2A.4 Lionel Butry Functional and structural brain topology in low back pain.</p>
14:05-14:55 Room: 1.2.03	Oral Session 2B – Behavioral and lifestyle interventions
	<p>2B.1 Fran Van de Poel The effect of a multimodal lifestyle intervention in cancer survivors: a systematic review and meta-analysis.</p> <p>2B.2 Matteo Vanroose An important step forward, understanding how lifestyle factors mediated by low-grade inflammation, contribute to chronic low back pain rehabilitation.</p> <p>2B.3 Zoë Maebe The Interplay Between Sleep, Pain, and Weight in Overweight and Obese Adults: A Systematic Review.</p> <p>2B.4 Astrid Torrekens The effect of personalized exercise interventions for the prevention of chemotherapy-induced peripheral neuropathy: protocol for a randomized controlled trial (CIPN-EX Trial).</p>
14:55-15:25	Coffee break 
15:25-15:55 1.2.01 / 1.2.03	Meet the expert: Michel Mertens & Carol Clark

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16:05-16:55 Room: 1.2.01	Oral Session 3A – Epigenetics and gene regulation		
	3A.1	Jinane Ben Amar	Does altered DNA methylation of IGF1/GH axis genes underlie impaired glucose metabolism in chronic low back pain?
	3A.2	Arne Wyns	Unravelling Fundamental Epigenetic Mechanisms in the Development of Persistent Pain After Breast Cancer.
	3A.3	Huanyu Xiong	Unravelling the epigenetic mechanisms of exercise-induced pain in fibromyalgia: Epigenetic regulation of BDNF expression and its modulation by tDCS.
	3A.4	Jolien Hendrix	Joining forces of symptoms and the epigenome: a comprehensive characterization of ME/CFS and fibromyalgia.
16:05-16:55 Room: 1.2.03	Oral Session 3B – Etiology and systemic contributors		
	3B.1	Joni Michiels	The relationship between glucose metabolism, pain sensitivity and quality of life in patients with chronic low back pain.
	3B.2	Aline Van Stallen	Circadian Factors and Pain: A Systematic Review of the Association between rest activity rhythm and pain-related outcomes.
	3B.3	Jente Van Campenhout	Mitochondrial dysfunction in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS): preliminary results on mitochondrial flux analyses.
	3B.4	Timo Meus	Linking Mechanistic Pain Profiling to Cardiac Autonomic Regulation in Individuals with Chronic Non-Specific Low Back Pain: A Cross-Sectional Analysis.
17:00-22:00	Social activity		

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Day 2 – 30 May 2026		
8:00-8:45	Welcome coffee ☕	
8:45-8:50	Opening day 2	
8:50-9:35 Room: 1.2.01	Keynote 3: Lorimer Moseley <i>Extending modern pain science education to other chronic overprotection disorders.</i>	
9:45-10:35 Room: 1.2.01	Oral Session 4A – Immune, autonomic and endocrine pathways	
	4A.1	Arne Wyns Hypermethylation of OPRM1: Deregulation of the Endogenous Opioid Pathway in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome and Fibromyalgia.
	4A.2	Yanthe Buntinx Decoding T cell dysfunction in chronic widespread pain: are exhaustion and senescence the answer?
	4A.3	Jolien Hendrix Epigenetic regulation of autonomic dysfunction as a mechanisms underlying stress intolerance in fibromyalgia.
	4A.4	Jinane Ben Amar Inflammatory mediators and the stress hormone cortisol as predictors of pain sensitivity in Myalgic Encephalomyelitis/Chronic fatigue syndrome and fibromyalgia.
9:45-10:35 Room: 1.2.03	Oral Session 4B – Psychological and cognitive pain processing	
	4B.1	Esther van Benten Exploring evolving health- and illnessbeliefs on pelvic girdle pain in first-time mothers: a longitudinal interpretative phenomenological approach.
	4B.2	Kenza Mostaqim An exploration of the relationship between perceived injustice and pain severity in breast cancer survivors: a structural equation model.
	4B.3	Myrthe Gregoor Preconception, prenatal, and postpartum psychological risk factors for pregnancy-related lumbopelvic pain: a systematic review.
	4B.4	Robrecht De Baere Let's Talk Gender: Preliminary Focus Group Data Evaluating a Questionnaire on Gender and Pain Dynamics.
10:35-11:05	Coffee break ☕	
11:05-12:10 Room:	Poster Walk 5	

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I.1 Atrium	Fundamental mechanisms and experimental pain science	
	P5.1	Gloria Everaert Bridging Muscle Biology and Function in Chronic Nonspecific Low Back Pain: Feasibility of a Multimodal Biopsy-Based Approach.
	P5.2	Casper Vananderoye Experimental Sleep Disruption and Its Effects on Pain, Mood, and the Brain: A Systematic Review.
	P5.3	Joren Vyverman Pain and the brain: examining the link between conditioned pain modulation and structural gray matter properties.
	P5.4	Daria Nowak Spatial summation of pain: A paradoxical trigger of inhibitory mechanisms.
	P5.5	Michał Katra Unilateral and bilateral spatial summation of pain across graded innocuous and noxious temperatures.
	P5.6	Cara Meijer When touch is painful: a novel tactile fear conditioning paradigm imaging the neural correlates of pain-related fear in patients with chronic pain.
	P5.7	Egbert Jeffrey Buning Exploring personal variables to better understand the variability in pain sensitivity measurements.
	P5.8	Ron Bottema Excellent reproducibility of heat pain thresholds for methods of limits, methods of levels and adaptive staircase, irrespective of stimulus slope or duration – a cross sectional study in pain-free participants.
	P5.9	Emma Geerits The role of maternal weight, body composition, systemic inflammation, and mental health in pregnancy-related lumbopelvic pain: a study protocol.
11:05-12:10 Room: I.1 Atrium	Poster Walk 6 Education, implementation and health services in pain care	
	P6.1	Anke Beerstra Information about low back and neck pain on Dutch physiotherapist's websites - a 5 year follow up study.
	P6.2	Iris Meuwissen Effects of Pain Science Education on self-efficacy and fear avoidance in people with nonspecific Chronic Low Back Pain.
	P6.3	Carolina Matiello Souza Activation for Health Self-Management in Chronic Shoulder Pain Patients.
	P6.4	Ana Catarina Navarro Ramalho Screening and referral practices for anxiety and depression among patients with chronic musculoskeletal pain within private physiotherapy practices: a qualitative study.
	P6.5	Erwin Hendriks Mediating factors on the effect of a multidisciplinary rehabilitation program for individuals with chronic whiplash-associated disorders.
	P6.6	Bettina Eiger Keeping It Simple Study – effectiveness of PNE4Adults pain science education in the municipality: A multicenter randomized controlled clinical trial.



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	<p>P6.7 Lore Smeets Toward a Perceived Injustice–Targeted Pain Science Education 2.0: Breast Cancer Survivors’ Experienced Barriers, Facilitators, and Needs after the Intervention.</p> <p>P6.8 Irene Rodriguez Andonaegui Integrating Persistent Pain Management Training into the Physiotherapy Degree.</p> <p>P6.9 Tove Axelsson-Landberg ReActivate: Physiotherapeutic intervention for adolescents and young adults with persistent musculoskeletal pain. A single-case experimental design.</p>
<p>11:05-12:10 Room: I.2 Atrium</p>	<p style="text-align: center;">Poster Walk 7 Pain management, biomarkers and etiology</p> <p>P7.1 Peter Yee-Lap To Latent physical activity profiles of people with chronic pain: Associations with pain severity, sleep and accelerometer-measured rest-activity rhythm.</p> <p>P7.2 Elke Wuyts Pain medication use disorder (PMUD), towards a new framework in pain management: a review.</p> <p>P7.3 Marcela Camargo Tozzo Autonomic predictors of pain and disability in chronic shoulder pain: longitudinal follow-up at three and six months.</p> <p>P7.4 Roland Reezigt Exploring personal variables to better understand the variability in dynamic experimental pain measurements - a cross-sectional study among healthy participants.</p> <p>P7.5 Jade Mosselmans Blood-Based Biomarkers in Chemotherapy-Induced Peripheral Neuropathy (CIPN): A Systematic Review.</p> <p>P7.6 Katja Junge Effect of a one-time manual therapy intervention on electrocutaneous pain perception in healthy individuals across local and remote areas.</p> <p>P7.7 Min Yang Association of Chronic Pain and Its Widespreadness with Mortality and Life Expectancy among Long-Term Survivors of Adolescent and Young Adult Cancer: An Observational Study.</p>
<p>11:05-12:10 Room: I.2 Atrium</p>	<p style="text-align: center;">Poster Walk 8 Multidisciplinary, digital and advanced rehabilitation approaches</p> <p>P8.1 Ander Cervantes-Benítez Immersive virtual reality and pain control: An experimental study protocol with healthy participants to describe the mechanisms of brain activity.</p> <p>P8.2 Ander Cervantes-Benítez Electroencephalography biomarkers during physiotherapy for chronic non-specific neck pain: A longitudinal study protocol.</p> <p>P8.3 Kirsty Musch Effects of multidisciplinary rehabilitation in primary care for chronic musculoskeletal pain: a cohort study.</p> <p>P8.4 Kenza Mostaqim Ready, Set, Prehab! Feasibility of a Multimodal Patient-Centered Teleprehabilitation Program for Breast Cancer Patients.</p> <p>P8.5 Dries Ceulemans Rehabilitation Professionals' Experiences with Rehabilitation for people with Persistent Spinal Pain Syndrome Type 2 following Spinal Cord Stimulation.</p>

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	P8.6	Eva Poolman	Effectiveness of in-person physiotherapy blended with digital health consisting of pain education and behavioural activation for people with spinal pain.
12:10-13:10	Lunch 		
13:10-13:55 <i>Room: I.2.01</i>	Keynote 4 : Colette Ridehalgh <i>Advances in nerve-related Musculoskeletal pain: a Physiotherapist's slant.</i>		
14:05-14:55 <i>Room: I.2.01</i>	Oral Session 5A – Self-management, eHealth and implementation		
	5A.1	Clarisse Bath	Effectiveness of an ehealth self-management support program for persistent pain after breast cancer treatment: protocol of the PECAN study.
	5A.2	Han van Dijk	Enactment of biopsychosocial care for patients with chronic pain in private practice physiotherapy following specialized training for physiotherapists.
	5A.3	Marthe Van Overbeke	Process evaluation of an eHealth and a face-to-face self-management support program for persistent pain after breast cancer treatment.
	5A.4	Zoë Maebe	Improving Access to Sleep Care in Chronic Spinal Pain: A Randomized Controlled Trial of Stepped Care Cognitive Behavioral Therapy for Insomnia.
14:05-14:55 <i>Room: I.2.03</i>	Oral Session 5B – Pain behavior, activity and participation		
	5B.1	Beate Schüßler	The Effect of Experimentally Induced Acute Pain on Lumbar Movement Control: a single blinded three-arm cross-over randomized control trial.
	5B.2	Julie van Eetvelde	Self-reported work ability and the association with psychosocial factors: a cross-sectional study.
	5B.3	Stefanie Beinert	Addressing Gender and Diversity Inequalities in Chronic Pain: A Cross-Border, Participatory and Multi-Method Approach.
	5B.4	Annet Doomen	Reliability of Accelerometer-Derived Parameters Describing Activity–Rest Patterns in Individuals With and Without Chronic Pain.
14:55-15:25	Coffee break 		
15:25-15:55 <i>I.2.01 / I.2.03</i>	Meet the expert: Lorimer Moseley & Colette Ridehalgh		
16:05-16:50 <i>Pilar box</i>	Societal Impact for Pain Science Award - Lorimer Moseley PSIM award ceremony + closing		

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