

Day 1 – 29 May 2026				
8:00-8:30	Registration + welcome coffee ☕			
8:30-8:50	Opening day 1			
8:50-9:35	Keynote 1: Michel Mertens <i>When the shoulder tells a bigger story: Rethinking musculoskeletal pain from a systemic perspective.</i>			
9:45-10:35	Oral Session 1A – Clinical pain & sensory assessment		Oral Session 1B – Sensory processing & perception	
10:35-11:05	Coffee break ☕			
11:05-12:10	Posterwalk 1 Exercise and rehabilitation interventions in chronic pain	Posterwalk 2 Clinical assessment, diagnosis and phenotyping	Posterwalk 3 Pain behaviour, lifestyle and patient-reported outcomes	Posterwalk 4 Psychology of pain: cognition, emotion and learning
12:10-13:10	Lunch 🍴			
13:10-13:55	Keynote 2: Carol Clark <i>Women's health in the context of pain.</i>			
14:05-14:55	Oral Session 2A – Brain structure & connectivity		Oral Session 2B – Behavioural & lifestyle interventions	
14:55-15:25	Coffee break ☕			
15:25-15:55	Meet the expert: Michel Mertens & Carol Clark			
16:05-16:55	Oral Session 3A – Epigenetics & gene regulation		Oral Session 3B – Etiology & systemic contributors	
17:00-22:00	Social activity			

Day 2 – 30 May 2026				
8:00-8:45	Welcome coffee ☕			
8:45-8:50	Opening day 2			
8:50-9:35	Keynote 3: Lorimer Moseley <i>Extending modern pain science education to other chronic overprotection disorders.</i>			
9:45-10:35	Oral Session 4A – Immune, autonomic & endocrine pathways		Oral Session 4B – Pain behaviour, activity & participation	
10:35-11:05	Coffee break ☕			
11:05-12:10	Posterwalk 5 Fundamental mechanisms and experimental pain science	Posterwalk 6 Education, implementation and health services in pain care	Posterwalk 7 Pain management, biomarkers and etiology	Posterwalk 8 Multidisciplinary, digital and advanced rehabilitation approaches
12:10-13:10	Lunch 🍴			
13:10-13:55	Keynote 4 : Colette Ridehalgh <i>Advances in nerve-related Musculoskeletal pain: a Physiotherapist’s slant.</i>			
14:05-14:55	Oral Session 5A – Self-management, eHealth & implementation		Oral Session 5B – Psychological & cognitive pain processing	
14:55-15:25	Coffee break ☕			
15:25-15:55	Meet the expert: Lorimer Moseley & Colette Ridehalgh			
16:05-16:40	Closing + award ceremony			

Oral sessions: 12 minutes per oral presentation (7 min presentation + 5 min questions)

Posterwalks: 7 minutes per poster presentations (3 min presentation + 3 min questions + 1 min transition to next poster)