

Day 1 – 29 May 2026						
8:00-8:30	Registration + welcome coffee 					
8:30-8:50	Opening day 1					
8:50-9:35	<b>Keynote 1: Michel Mertens</b> <i>When the shoulder tells a bigger story: Rethinking musculoskeletal pain from a systemic perspective.</i>					
9:45-10:35	Oral Session 1A – Clinical pain & sensory assessment		Oral Session 1B – Sensory processing & perception			
10:35-11:05	Coffee break 					
11:05-12:10	<b>Posterwalk 1</b> <b>Exercise and rehabilitation interventions in chronic pain</b>	<b>Posterwalk 2</b> <b>Clinical assessment, diagnosis and phenotyping</b>	<b>Posterwalk 3</b> <b>Pain behaviour, lifestyle and patient-reported outcomes</b>	<b>Posterwalk 4</b> <b>Psychology of pain: cognition, emotion and learning</b>		
12:10-13:10	Lunch 					
13:10-13:55	<b>Keynote 2: Carol Clark</b> <i>Women's health in the context of pain.</i>					
14:05-14:55	Oral Session 2A – Brain structure & connectivity		Oral Session 2B – Behavioural & lifestyle interventions			
14:55-15:25	Coffee break 					
15:25-15:55	<b>Meet the expert: Michel Mertens &amp; Carol Clark</b>					
16:05-16:55	Oral Session 3A – Epigenetics & gene regulation		Oral Session 3B – Etiology & systemic contributors			
17:00-22:00	Social activity					

Day 2 – 30 May 2026						
8:00-8:45	Welcome coffee 					
8:45-8:50	Opening day 2					
8:50-9:35	<b>Keynote 3: Lorimer Moseley</b> <i>Extending modern pain science education to other chronic overprotection disorders.</i>					
9:45-10:35	Oral Session 4A – Immune, autonomic & endocrine pathways		Oral Session 4B – Pain behaviour, activity & participation			
10:35-11:05	Coffee break 					
11:05-12:10	Posterwalk 5  Fundamental mechanisms and experimental pain science	Posterwalk 6  Education, implementation and health services in pain care	Posterwalk 7  Pain management, biomarkers and etiology	Posterwalk 8  Multidisciplinary, digital and advanced rehabilitation approaches		
12:10-13:10	Lunch 					
13:10-13:55	<b>Keynote 4 : Colette Ridehalgh</b> <i>Advances in nerve-related Musculoskeletal pain: a Physiotherapist's slant.</i>					
14:05-14:55	Oral Session 5A – Self-management, eHealth & implementation		Oral Session 5B – Psychological & cognitive pain processing			
14:55-15:25	Coffee break 					
15:25-15:55	<b>Meet the expert: Lorimer Moseley &amp; Colette Ridehalgh</b>					
16:05-16:40	Closing + award ceremony					

Oral sessions: 12 minutes per oral presentation (7 min presentation + 5 min questions)

Posterwalks: 7 minutes per poster presentations (3 min presentation + 3 min questions + 1 min transition to next poster)