

| Day 1 – 29 May 2026 | | | | |
|---------------------|---|---|--|--|
| 8:00-8:30 | Registration + welcome coffee ☕ | | | |
| 8:30-8:50 | Opening day 1 | | | |
| 8:50-9:35 | Keynote 1: Michel Mertens <i>When the shoulder tells a bigger story: Rethinking musculoskeletal pain from a systemic perspective.</i> | | | |
| 9:45-10:35 | Oral Session 1A – Clinical pain & sensory assessment | | Oral Session 1B – Sensory processing & perception | |
| 10:35-11:05 | Coffee break ☕ | | | |
| 11:05-12:10 | Poster walk 1: <i>Exercise and rehabilitation interventions in chronic pain</i> | Poster walk 2: <i>Clinical assessment, diagnosis, and phenotyping</i> | Poster walk 3: <i>Pain behaviour, lifestyle, and patient-reported outcomes</i> | Poster walk 4: <i>Psychology of pain: cognition, emotion, and learning</i> |
| 12:10-13:10 | Lunch 🍴 | | | |
| 13:10-13:55 | Keynote 2: Carol Clark <i>Women's health in the context of pain.</i> | | | |
| 14:05-14:55 | Oral Session 2A – Brain structure & connectivity | | Oral Session 2B – Behavioural & lifestyle interventions | |
| 14:55-15:25 | Coffee break ☕ | | | |
| 15:25-15:55 | Meet-the-expert sessions | | | |
| | Michel Mertens <i>A young researcher of character: Lessons in failing, letting go, and growing anyway.</i> | | Carol Clark <i>How to continue a career in academia?</i> | |
| 16:05-16:55 | Oral Session 3A – Epigenetics & gene regulation | | Oral Session 3B – Etiology & systemic contributors | |
| 17:00-22:00 | Social activity | | | |

Oral sessions: 12 minutes per oral presentation (7 min presentation + 5 min questions)

Posterwalks: 7 minutes per poster presentations (3 min presentation + 3 min questions + 1 min transition to next poster)

| Day 2 – 30 May 2026 | | | | |
|---------------------|--|--|---|---|
| 8:00-8:45 | Welcome coffee ☕ | | | |
| 8:45-8:50 | Opening day 2 | | | |
| 8:50-9:35 | Keynote 3: Lorimer Moseley <i>Extending modern pain science education to other chronic overprotection disorders.</i> | | | |
| 9:45-10:35 | Oral Session 4A – Immune, autonomic & endocrine pathways | | Oral Session 4B – Pain behaviour, activity & participation | |
| 10:35-11:05 | Coffee break ☕ | | | |
| 11:05-12:10 | Poster walk 5: <i>Fundamental mechanisms and experimental pain science</i> | Poster walk 6: <i>Education, implementation and health services in pain care</i> | Poster walk 7: <i>Pain management, biomarkers and etiology</i> | Poster walk 8: <i>Multidisciplinary, digital and advanced rehabilitation approaches</i> |
| 12:10-13:10 | Lunch 🍴 | | | |
| 13:10-13:55 | Keynote 4 : Colette Ridehalgh <i>Advances in nerve-related Musculoskeletal pain: a Physiotherapist's slant.</i> | | | |
| 14:05-14:55 | Oral Session 5A – Self-management, eHealth & implementation | | Oral Session 5B – Psychological & cognitive pain processing | |
| 14:55-15:25 | Coffee break ☕ | | | |
| 15:25-15:55 | Meet-the-expert sessions | | | |
| | Lorimer Moseley <i>Values. It's as simple and as difficult as that.</i> | | Colette Ridehalgh <i>Navigating collaborations: a work in progress.</i> | |
| 16:05-16:40 | Closing + award ceremony | | | |

Oral sessions: 12 minutes per oral presentation (7 min presentation + 5 min questions)

Posterwalks: 7 minutes per poster presentations (3 min presentation + 3 min questions + 1 min transition to next poster)